

# THRIVING TEENS:

## PARENTING FOR POSITIVE GROWTH

*A lunchtime or evening series with the  
Parenting Institute of the NYU Child Study Center*

Wednesdays 11:30 am to 1:00 pm  
November 5, 12, 19, December 3, 10

Roslyn High School –Adult Education

OR

Thursdays: 7:30 pm to 9:00 pm  
November 6, 13, 20, December 4, 11

Willetts Road School

455 I.U. Willetts Road/Roslyn Heights

East Williston  
Roslyn  
Community  
Coalition  
for  
Drug-Free  
Youth

est.  
2006



NEW YORK UNIVERSITY  
CHILD STUDY CENTER

**\$50.00/5 sessions Preregistration is required**

The Coalition is pleased to present the Parenting Institute of the New York University Child Study Center's 5-session series to help parents keep children substance free and healthy in every way. The program, specifically for parents of middle-school students, helps parents meet the challenges of raising teens in the modern era. The program shows parents how to:

- (1) Build and maintain a positive relationship with their teens;
- (2) Use effective guidance and discipline;
- (3) Understand the developmental challenges teens' face;
- (4) Improve parental problem-solving skills; and
- (5) Teach their teens effective problem-solving skills and practical means to refuse substances.

The program aims to help parents of 11 to 14-year-olds learn to reduce risky behaviors in youth. The series is built on the most recent research on what parents are able to do to maintain a positive relationship with their teens & what efforts keep teens on a healthy path.

**For more information contact the Coalition:**

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Cathy Samuels: 248-3489 • Mindy Sherman: 484-6949 • Sheryl Yarmus: 625-9320

( ) YES, I will attend the Thriving Teens 5 Part **LUNCHTIME** Series

( ) YES, I will attend the Thriving Teens 5 Part **EVENING** Series

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

EMAIL: \_\_\_\_\_ PHONE NUMBER: \_\_\_\_\_

ENCLOSED IS MY CHECK FOR \$50.00

MADE PAYABLE TO

*East Williston/Roslyn Community Coalition for Drug Free Youth, Inc.*

PLEASE MAIL TO EWRCC, PO BOX 63, WILLISTON PARK, NY 11596-9998